

## Children with Asthma

Asthma UK published the following [shielding advice](#) yesterday, which I think is helpful clarification.

*“If you are, or your child is, taking:*

- *Any biologic therapy, also called a mAb (Xolair/omalizumab, Nucala/mepolizumab, Cinqaero/reslizumab, Fasenra/benralizumab)*
- *Steroid tablets or liquid every day*
- *Antibiotic tablets or liquid for asthma every week (e.g. azithromycin)*
- *Tiotropium*
- *A combination inhaler that also contains a long-acting bronchodilator (e.g. Seretide, Fostair, Symbicort) at a high daily steroid dose (see the list .....in the article)*
- *An inhaler with a high daily steroid dose (see the list....in the article) AND you are taking Montelukast*

*Or, if:*

- *You have been admitted to hospital for your asthma in the last 12 months*
- *You have ever been admitted to an intensive care unit for your asthma*

*Then you should follow the shielding advice which is set out in very helpful detail, including how to register for extra services from the government.”*

<https://www.asthma.org.uk/coronavirus>