REACH Partnership Referral Criteria

The REACH Key Worker focuses on children and young people that are experiencing mild to moderate emotional or mental health difficulties. Offering early intervention support at both tier one and tier two.

The children and young people that would benefit from the support from the Key Worker are those who are experiencing early signs of emotional distress such as:

- Low self-esteem
- Low levels of anxiety
- Struggling to form and maintain relationships with their peers / teachers (which may indicate possible attachment difficulties)
- Withdrawn from their environment (i.e. not participating in classroom based activities or in the playground)
- Behavioural difficulties
- Struggling to manage emotions or impulsive behaviours (i.e. anger outbursts, physical aggression)
- Difficulties with mood
- Sudden changes in behaviour

Children can also be supported if they are facing difficulties in their life outside of school such as:

- Facing adverse life experiences such as loss and / or parental separation
- Unstable home life, chaotic or where parents are experiencing their own mental health difficulties / substance misuse / domestic violence
- Recent changes in family situation
- Refusing to attend school

Children that are not suitable for the REACH Key Worker, tier three criteria:

- Already engaging with CAMHS, Targeted or PMHLW (unless they are being stepped down)
- Self-harm (single or repeated behaviour)
- Suicidal ideation
- Complex and persistent mental health conditions, such as obsessive compulsive disorder (OCD), bipolar disorder, and schizophrenia
- Eating disorders
- Mood/emotional disorders
- Significant abnormal adjustment/loss which impacts on daily functioning
- Anxiety and phobias that severely impact on the child's life
- Reactions to traumatic events, including Post Traumatic Stress Disorder (PTSD)
- Attachment problems/disorders
- Severe behavioural and conduct problems
- Severe family relationship difficulties impacting on the mental health of a child or young person.